

Lunch Menu

Commack Elementary Schools

April 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1

SCHOOL CLOSED TODAY




2 Cheesy Stuffed Bread Sticks 
With Marinara Sauce Dip
Steamed Broccoli
Fresh Baby Carrots
Fresh Pear
Diced Peach Cup


3 Fluffy Whole Grain Waffles 
With Light Mozzarella Cheese Stick
Green Beans
Chilled Red Pepper Strips
Fresh NY Local Apple
Diced Pear Cup

BRUNCH FOR LUNCH TODAY!

4 Homemade Baked Pasta with Cheese  
Baked Beans
Fresh Baby Carrots
Fresh Pear
Mixed Fruit

National Carrot Day

5 Classic Cheese Pizza 
Stewed Carrots
Broccoli Florets
Fresh Orange
Diced Pear Cup



8 Mozzarella Sticks 
With Marinara Sauce Dip
Sweet Corn
Cucumber Coins
Fresh NY Local Apple
Diced Peach Cup

MEATLESS MONDAY **Lucky Tray Day!**

9 Soft Tacos
Steamed Broccoli
Fresh Baby Carrots
Fresh Pear
Diced Peach Cup

10

SCHOOL CLOSED TODAY

11 Classic Cheese Pizza 
Baked Beans
Crispy Potato Puffs
Apple Slices
Mixed Fruit



12 Two Cheese Grilled Cheese 
Steamed Carrots
Broccoli Florets
Sliced Oranges
Diced Pear Cup

National Grilled Cheese Day


15 Homemade Mac & Cheese  
Cauliflower Popcorn
Cucumber Coins
Apple Slices
Diced Peach Cup

MEATLESS MONDAY



16 Meatball Dunkers
With Marinara Sauce Dip
Steamed Spinach
Fresh Baby Carrots
Fresh Pear
Diced Peach Cup

IT'S STUDENT APPRECIATION DAY

17 Fluffy Whole Grain Pancakes 
With Light Mozzarella Cheese Stick
Green Beans
Chilled Red Pepper Strips
Fresh NY Local Apple
Diced Pear Cup

BRUNCH FOR LUNCH TODAY!

18 Chicken Nuggets
With Whole Wheat Dinner Roll
Baked Beans
Crispy Potato Puffs
Apple Slices
Mixed Fruit

19 Classic Cheese Pizza 
Sautéed Spinach
Fresh Baby Carrots
Sliced Oranges
Diced Pear Cup

HARVEST

22

SPRING BREAK! SCHOOL CLOSED

23

SCHOOL CLOSED TODAY

24

SCHOOL CLOSED TODAY

25

SCHOOL CLOSED TODAY

26

SCHOOL CLOSED TODAY

29 Cheesy Stuffed Bread Sticks 
With Marinara Sauce Dip
Sweet Corn
Cucumber Coins
Fresh NY Local Apple
Diced Peach Cup

MEATLESS MONDAY

30 Nachos Grande
Steamed Broccoli
Fresh Baby Carrots
Fresh Pear
Diced Peach Cup

 Find the sticker on the bottom of the milk and receive a free smart snack



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMMealPlanner, or on the web at www.FDMMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Food Service Office
631-912-2172
Reimbursable Lunch \$2.95
Reduced Lunch \$0
Milk \$.75

PLEASE REPORT ALL ALLERGIES TO THE SCHOOL NURSE. Allergy info is updated in our schools system through the Nurse's Office only

Lunch includes protein, grain, vegetable, fruit and milk choice:
FF chocolate, FF white or 1% white.

AVAILABLE DAILY:

Popcorn Chicken, PBJ Sandwich, Turkey Sandwich, Cheese Sandwich, Bagel w/cheesestick, Cereal Lunch. Fruity Parfait offered on Wednesdays.

